



The Washington EDCJCC JCamps

Parent Handbook



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To our camp families:

Welcome to another summer of camp at the EDCJCC. We cannot wait to meet you and embark on a summer adventure.

Whether you are new to our camp or a veteran, please review this handbook to check on policies, changes and updated information. All camp policies and procedures are made with your child's best interest and safety in mind. It's a handy reference for your child's entire summer experience.

We hope you enjoy your "hot times in the city." This summer is shaping up to be our most exciting and fun summer ever!!

Warm regards,
Stacy
Stacy Schwartz Frazier
Camp Director
t. (202) 777-3245
e. stacyf@edcjjcc.org



EDCJCC Mission

The goals of the EDCJCC are to preserve and strengthen Jewish identity, heritage, tradition and values through a wide variety of social, cultural, recreational and educational programs and services. The Center accomplishes these goals in ways that reflect the unique location and role of the Center in the nation's capital and the many contributions of the American Jewish community in the United States. While the Center is designed primarily to fulfill the needs of the Jewish community and to preserve and enhance the culture, traditions, ethics and philosophy of Judaism, membership and participation in activities of the Center are open to all residents of the metropolitan area. The Washington EDCJCC is a member of the JCC Association (JCCA), a beneficiary agency of the Jewish Federation of Greater Washington, and a designated agency of the United Way.

The EDCJCC campers represent the brilliant diversity of our nation's capital. We welcome all children, regardless of religion, race or cultural background, to experience our exciting, nurturing camps which incorporate Jewish—and universal—values such as Tikkun Olam (healing the world), Tzedakah (justice and charity) and equal rights for all.

Our Camp Philosophy

The basic goal of our programming is to meet the social and developmental needs of our campers. We work with each camper to help him/her learn how to relate to peers, counselors and other adults. We aim to teach new skills and sharpen existing ones, to provide experience with new situations and to have fun in the process. We want to match campers with their peers, both in age and interests. Camp provides a safe environment for the development of physical, social and emotional skills.

This year's camp allows the campers a lot of variety in their activities. We have found that the campers have a more meaningful experience when they are exposed to a lot of diverse activities. We have therefore created a mix of structured activities (as with our specialists), organized all-camp activities (like field trips and shows), planned group activities (which our counselors fill in with their ideas), electives and open-ended time for the campers and their counselors to fill in together.

ABSENCES

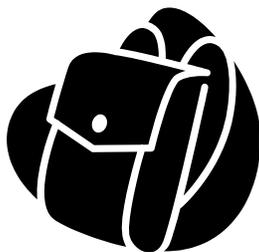
Camp is a wonderful opportunity for your child to make new friendships and bond with his/her group. These relationships thrive when your camper is consistently in camp. In the event that your child will miss camp, please contact the Camp Office by 8:30 am so that we can notify the counselors. Camp Office: 202.777.3245, stacyf@edcjsc.org. We do not offer make up days or refunds for days your child misses.



AFTERCARE and EARLY MORNINGS

Aftercare is available from 3:30-6:00 pm for an additional charge. Please sign your child up at least two (2) business days before their first day in aftercare. Activities include swimming, sports, art, games and movies. If a child is scheduled for pickup at 3:30 pm but is still with us at 3:40 pm, they will be moved to the aftercare room, and the parents will be charged \$1 per minute starting at 3:35 pm. Late fees for aftercare begin at 6:00 pm.

Early Mornings are available from 7:45–8:30 am for an additional charge. We ask for advance notice of two (2) business days before starting in the Early Mornings program. Activities include art and games. We cannot and will not accept responsibility for children before 7:45 am for Early Mornings registrants or before 8:30 am for the rest of the campers.



BACKPACKS

Your child should bring their clothes and such in a bag that closes securely. **Please write your child's name on the outside of the bag.** Having a backpack makes it easier for your child to carry their swim things, projects and daily items like sunscreen. We will have space for each child to store their backpack during the day. Please do not send irreplaceable or expensive items (such as electronics). See the checklist (on the last page) for suggested contents. If you are sending a note, medication or other vital items, please let the Camp Office or a counselor know. Include a plastic bag for wet bathing suits.

Check your child's bag each day for notes and projects sent home!



BIRTHDAYS

If your child has a summer birthday, we would love to help celebrate. If you choose to bring in goodies, please do so for your child's whole camp group (approximately 15 kids). In order to maintain our level of Kashrut, food may only come from approved bakeries (e.g. Shalom's) or products from the supermarket (e.g. Entenmann's) with a *heksher*, or Kosher symbol (e.g. k or ©), on the package. Fresh fruit is always a good option. If you need help identifying kosher foods or bakeries, please feel free to call us. We ask that you **NOT** send products containing peanuts or peanut by-products.



CHANGES in CAMPS or to SCHEDULES

If space allows, a camper may switch camps provided the J has at least two (2) working days' notice prior to the beginning of the session.

If notable changes need to be made to your child's camp calendar, we will let you know by email. If time permits, we will also send a written note or adjusted calendar home with the camper.



COMMUNICATION

We will provide daily updates via email about upcoming camp events, field trips or other important information. If you do not receive an email by your child's second day of camp, please let us know sending an email: stacyf@edcjcc.org.



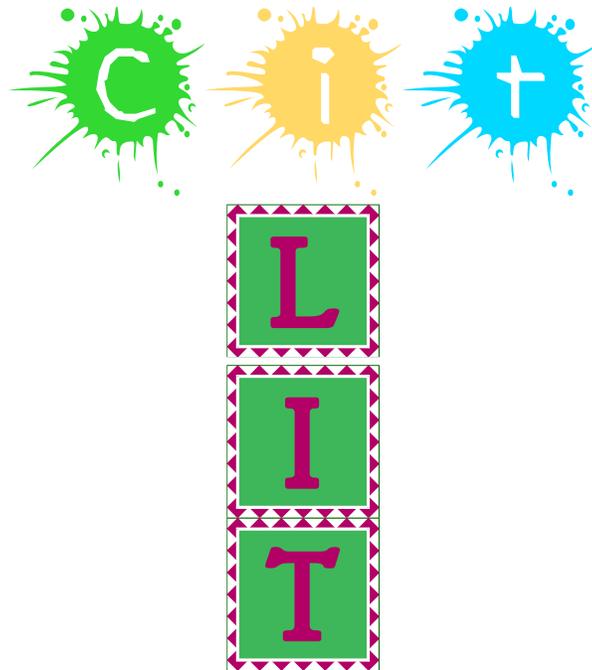
We can provide each family with the contact information for families in their child's camp group. We believe this is important for building lasting friendships, and it is helpful for parents to be able to contact other parents for carpools, etc.



COMPETITION

We provide a non-competitive atmosphere where each child is helped to develop at his/her own rate. Opportunities are provided for each camp group to demonstrate its accomplishments to the other campers. We offer many different types of games, thereby allowing campers a myriad of opportunities to find an activity that fits their talents and interests.

We aim for a spirit of team building and healthy competition, encouraging each camper to do their best.



COUNSELORS-IN-TRAINING/LEADERS-IN-TRAINING

The Counselors-in-Training (CIT) program has three parts:

1. Training, covering the following topics:
 - Leadership
 - Safety
 - Camp spirit
 - Child development (camper needs, expectations and desires)
 - Communications skills
 - Program planning
 - Teambuilding
 - Responsibility
 - Teamwork
 - Positive discipline
2. Experiential Learning – Time spent with their assigned groups (the practical experience)
3. CIT/LIT–Lunches and activities geared specifically to the CIT's and LIT's

Even though we cover similar topics, the CIT/LIT camp changes each session.

The CITs and LITs are expected to follow the rules as laid out in this handbook, in their training manual or by their counselors, except as noted below:

- With signed permission, CITs and LITs campers may walk to the Metro or otherwise leave on their own. We must have a **signed Authorization to Walk to Metro** on file to allow the campers to leave on their own. They can be walked to the Metro by a J staff member the first day.

Cell phones may be brought to camp but should remain off during the camp activities. The Washington EDCJCC is not responsible for loss of or damage to these items.



COUNSELORS and CAMP GROUPS

Your child's counselors have passed a screening process that helps us keep the highest standards in camping. They are carefully chosen for their education, camping experience, maturity, rapport with children and ability to provide leadership as well as friendship to the campers. All of the Senior Counselors and Specialists are college age or are college graduates (and are at least 18 years old). Our Junior Counselors are in high school (at least 16 years old), and many are veterans of camps at this JCC or others nearby. All receive training in child development, program planning, positive discipline and teamwork. The camper:staff ratio is approximately 7:1.

- **We put the camp bunks together by age. We will make every effort to accommodate friends but, in some situations, it may not be possible. If you have concerns about your child's bunk mates, please talk to their Senior Counselor. We will not move children to a different group until all other solutions have been tried.**

DISCIPLINE

We understand that every child will have a day when nothing seems to go right. She/he may act out, not get along with her/his friends or refuse to listen to a counselor. We are dedicated to addressing issues immediately and talking problems through with the child. If the behavior persists, then we will separate the child from the group and allow her/him to do some activities on her/his own.

If the child is still not connecting to the implications of their behavior, then we will bring the parent(s)/guardian(s) in to help talk out the situation and develop an action plan. As stated in the registration process through Campminder, the EDCJCC reserves the right to request that a camper leave the camp because of violation of the camp regulations or because of personal conduct which interferes with the health or welfare of her/himself or others. (This may include, but is not limited to, biting, kicking, scratching, running away, choking, as well as the possession or use of alcoholic beverages, illegal drugs or weapons.) If this should occur, no refunds will be given.



DRESS

Camp is fun! We believe that if we don't send a child home messy, they probably haven't been having fun, and we haven't been doing our job.

Please send your camper in clothing that is washable, can get dirty and is loose enough to move freely. If your child has a tendency to be cold, please send a sweater or sweatshirt. We strongly recommend sending a hat. **All campers should wear rubber-soled, closed-toed sneakers/tennis shoes.** Sandals, flip-flops, Crocs®, Uggs® and other open-toed shoes can be dangerous when running or on field trips. If you are buying new sneakers/tennis shoes, please avoid black-soled shoes as they make marks on the floors of our spaces.

Everything should be labeled. This includes shoes, socks and underwear. Many of these items look alike. Trust us.

For **swimming**, send in a swimsuit and towel each swim day (consult your camp calendar). Pool shoes, cover-ups and goggles are optional. It may be easier to send your child in their suit in the morning and provide a dry change of clothing for later. Send in a plastic bag to take the wet things home; grocery bags work well for this.

For our younger campers, you may wish to send a complete extra set of clothing in their backpacks.

Sunscreen is a vital tool for keeping your child healthy. Please put it on in the morning before camp and feel free to send a (labeled) bottle to camp for reapplication after swimming or on field trip days. If you would like us to reapply sunscreen, please note your preference on the Sunscreen Permission form. Children **may not share** sunscreen with other campers not in their family.

Campers will be provided with one official camp T-shirt at the beginning of their camp season. We ask that all campers wear their current camp T-shirts on field trip days.



DROP OFF/PICK UP

Drop off: We will offer curbside ***drop off*** from 8:30–9:10 am at the Q Street entrance.

Whether dropping your child off from your car or in person, please make sure that a counselor checks in your child before you leave.

Unless your child is registered for Early Mornings, the EDCJCC will not take responsibility for her/him before 8:30 am. If registered for Early Mornings, please bring your child inside to our Community Hall.

We begin Morning Circle at 9:15 am each day in the Community Hall on the first floor, unless otherwise noted. If your child arrives after Circle is over, please bring them to the Camp Office to sign them in. If you know your child will be late on a particular day, please let the Camp Office know.

Only persons listed on the **Pick Up Authorization Form** may take your child at the end of their camp day. If you need to make changes, please do so in writing. Each child must be signed out before leaving. If your child is a CIT or LIT then you may give written permission for them to leave on their own (see the Permission to Walk to Metro form). If you request it, we will ask that the child call their parents (work, cell or home) before leaving.

pick up: We offer curbside pickup between 3:30–4:00pm. If the weather is poor for the 3:30 pick-up, counselors will be ready with walkie-talkies to have your child brought to you in your car. If you are coming inside, we will either be in the Community Hall on the first floor or the lobby area. Check at the front desk.

Camp ends at 3:30 pm. Aftercare extends the day from 3:30–6:00 pm **sharp**. Please arrive at camp prior to the end of your child's camp day.

late pick up policy: For your child's and our counselors' sakes, please arrive on time. After the first five (5) minutes, we will charge a late fee of \$1 per minute. Payment is due by the end of the next camp day. If there is an emergency, please

call the J's front desk (202.777.3200) to have a camp staff member paged.

If you are picking your child up early from camp, you MUST notify the Camp Office, preferably in a note or an email to stacyf@edcjcc.org.



FAMILY NIGHTS

Back to Camp Night: Tuesday, July 2nd, 6:00–8:00 pm

We'll be at the J with snacks, activities and counselors eagerly waiting to meet their campers. All camp families are welcome, no matter when your child starts camp. Welcome nights provide a great opportunity for campers and families to meet their counselors and fellow campers and pick up their camp T-shirt.



Thank you!

FEEDBACK

We encourage your ideas and suggestions throughout the camp season. Each session, we will send a short feedback card home with your child. Please share your reactions to your child's experience—positive and negative. At the end of your child's camp session, we will send home a longer questionnaire. Your comments are VERY IMPORTANT to us and help us shape future camps and family programs.

For day-to-day feedback, please contact your child's Senior Counselor first. If further assistance is needed, please contact the Camp Director. We maintain an open-door policy, and the lines of communication are kept open at all times.



FIELD TRIPS

Each Ruach (Traditional) camp group goes on a field trip or has a special visitor at least once a week. For details on your child's schedule, please consult their camp session calendar. Please send your child in the current summer's **camp shirt** on field trip days. Most Specialty Camps do not go on field trips.

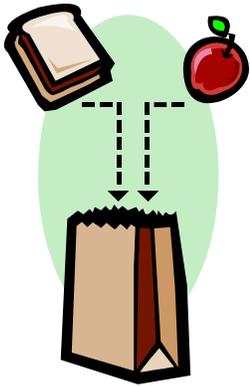
If we know in advance that the campers will be returning late, it will be noted on the calendar. For all other field trips, we will be back at the J by 3:15 pm. We try very hard to return to the J at the designated time; however, when there are circumstances beyond our control (e.g. traffic), we will let the J's front desk know.

We encourage all eligible campers to participate in all field trips. If your child chooses not to participate in a field trip, we are not able to accommodate them into another camp group for the day. If you would like to have your child skip the field trip, please let us know the day before and do not send them to camp. Campers who elect to stay home or skip the field trip will not be granted a refund of any camp fees.

Transportation is provided by a chartered motor coach or school bus company. For the specialty camps, the J's 15-passenger van may be used. If we will be using the Metro (train or bus), we will let you know in advance.

We have **additional supervision** for field trips taken by more than one camp group; our specialists, Assistant Director, Camp Director and/or J staff may join the fun. Camp groups may be split a little to share responsibilities and lower group ratios.

Children are expected to behave in an appropriate manner as representatives of the EDCJCC. Misbehavior may result in forfeiture of future trips.



FOOD/LUNCHES

Parents need to send vegetarian or dairy lunches Mondays through Thursdays. On Fridays, lunch is on us.

We ask that parents bring in a veggie or dairy lunch because the EDCJCC adheres to a kosher food policy. This means you cannot send meat (including red meat or poultry) or non-kosher foods such as pork and shellfish (e.g. shrimp or crab). We thank you in advance for respecting this policy.

Peanut Aware: Our camp does not allow peanuts to be sent in the lunches. We do this to protect the safety of our campers with severe peanut allergies. If your child has a severe allergy to other kinds of nuts (i.e. they cannot be near tree nuts), we'll make sure they are in a nut-free area for lunch. When possible and necessary for snacks, we will offer alternative choices for a child with food allergies. You may wish to send your child with a midmorning snack if you have concerns. We cannot guarantee a peanut-free environment, but we are peanut aware.

Please inform us of any food allergies or restrictions prior to your campers session.

Some popular lunch options:

- Cheese and crackers, or cheese sticks/string cheese
- Yogurt
- Sandwiches: cheese; almond/cashew/nut butter and jelly (or bananas or marshmallows or celery); hummus; tuna; egg salad; cream cheese (with cucumber or jelly)
- Pasta—with sauce or as a salad with cheese, egg, tuna and/or whatever veggies they will eat
- Peaches or bananas in sour cream or yogurt
- Pizza or pizza bagels
- Mac-and-cheese (or another item brought in a Thermos®, such as SpaghettiOs)
- Hummus and pita
- Bagels with cream cheese/spread
- Fruit salad
- Veggies
- Vegetarian lasagna
- Cereal with milk in a separate container
- Muffins
- Eggs—scrambled, hard-boiled or in an omelet
- Egg or tuna salad
- Raisins
- Breadsticks
- Applesauce or a fruit cup
- Fresh fruit
- Fish sticks
- A DRINK OR TWO!

Please pack at least one drink. We recommend freezing your child's drink(s) the night before to use as an ice pack in their lunch. It will keep cold food cold and will thaw before lunch time (usually around 12:00 pm). You may use an actual ice pack. Glass bottles are not permitted. Label the lunchboxes, please!

Remember that campers exert a great deal of energy. Healthy lunches will help them enjoy their experience. Please do not pack candy or sodas. Breakfast can also help your child make it through an active morning until snack time.

Campers are served a snack each morning. Campers in aftercare will have an afternoon snack.



GETTING TO THE J

The J is located at 1529 Sixteenth Street NW. We are at the corner of 16th and Q, on the east side of 16th. The entrance to the J is on Q Street.

Our closest **Metro** stop is Dupont Circle on the Red Line. Take the north exit out of the station (it will say “North–Q Street”). When you get to the top of the escalator, turn right (heading toward Circa and Firehook) and walk to 16th Street. It will take 10-15 minutes.

The **Metrobus** 16th Street Line (S1, S2 and S4) stops in front of the J. The L2 line and 14th Street Lines (52, 53, 54) also stop near the J. Check www.wmata.com for detailed directions from your home.

There is street parking (but check the signs on 16th Street during rush hour, 7:00-9:30 am and 4:00-6:00 pm).



HOLIDAYS and SHABBAT

We celebrate **Shabbat** every Friday with a sing-along, blessing recitation and special snack of challah and Lemonade. We have found that this tradition is fun for all campers, even those who do not observe Shabbat at home. We say blessings for the candles, “wine” (Lemonade) and challah. The blessings (*brachot*) are listed below for your convenience.

For the candles: *Baruch atah Adonai, elohainu melech ha’olam, asher kid’shanu b’mitzvotav vitzivanu l’hadlik ner shel shabbat.*

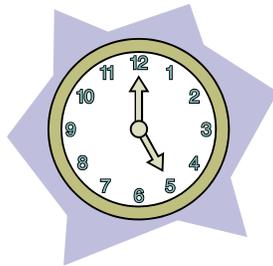
Blessed are you, our G-d, ruler of the universe, who has commanded us to kindle the Sabbath lights.

For the Wine or Grape Juice: *Baruch atah Adonai, elohainu melech ha’olam, borei pri hagafen.*

Blessed are you, our G-d, ruler of the universe, who has created the fruit of the vine.

For the Challah: *Baruch atah adonai, elohainu melech ha’olam, hamotzi lechem min ha’aretz.*

Blessed are you, our G-d, ruler of the universe, who has given us bread from the Earth.



HOURS

Camp Hours

Early Mornings	7:45–8:30 am
Camp Day	9:00 am–3:30 pm
Aftercare	3:30–6:00 pm

If you need to drop off between 8:30 am and 9:00 am, there is no additional charge. Early Mornings and Aftercare are available for an additional fee.



ILLNESS/INJURIES

**courtesy of the Valley of the Sun JCC Shemesh Day Camp*

Mary Had a Little Cold

Mary had a little cold,
But wouldn't stay at home.
And everywhere that Mary went,
The cold was sure to roam.

It wandered into Molly's eyes,
And filled them full of tears.
It jumped from there to Bobby's nose
And then to Jimmy's ears.

It painted Anna's throat bright red,
And swelled poor Jennie's head.
Dora had a fever,
And a cough put Jack to bed.

The moral of this little tale
Is very quickly said:
Mary could have saved some pain,
With just one day in bed!

Please do not send your child to camp with a fever or infection. Your child must be fever and infection-free for 24 hours before returning to camp. **If your child is sent to camp sick, he or she will not be permitted to stay, and you will be called to pick him or her up.**

If your child should become ill at camp, she/he will be brought to the Camp Office, and the Camp Director or Assistant Director will call you. Your child will rest in the Camp Office until she/he is picked-up.

In the course of normal supervised play, children occasionally get injured. The majority of our staff is certified in First Aid and/or in CPR. For more severe cases, the Camp Director or Assistant Director will make an assessment about further medical attention. In most cases, a note will be sent home explaining the incident. Depending on the severity of the injury, your child may be taken to the hospital, and you will be notified immediately. An EDCJCC staff member will stay with your child until a parent arrives.

While every effort will be made to maintain the health of each child, our camp, like others, may be subject to pediculosis (head lice). We offer several steps to keep such a situation under control:

1. Campers are encouraged to wash their hands regularly.
2. Campers are not allowed to share combs, brushes, hats or other grooming aids with non-family members.
3. Discovery of lice requires that the camper be sent home and treated. All nits must be removed before the child can return to camp. Upon their return, the child's scalp will be inspected by a camp staff member.

If a case of lice is discovered at home, please report it to the camp. We keep details of reports and incidents confidential, but we do need to alert parents about them.



MEDICATION

We ask that your child receive their medications at home before or after camp. If that is not possible, please fill out a **Medication Authorization Form**, have it signed by the pediatrician and follow these guidelines:

Give the medication to the Camp Director or Assistant Director in the original container, clearly marked with your child's name; the medication name; and why, when and how it is to be administered.

If the medication needs to be refrigerated, please note that as well. All medication will be kept in the Camp Office and dispensed by the Camp Director or Assistant Director. *Exception:* Epi-Pens and rescue inhalers will be carried by the camper's Senior Counselor.

Campers are not allowed to keep any medications (prescribed or over-the counter) in their personal belongings.

MISCELLANEOUS

Our Tax ID Number is 52-1398151.

All **deposits** are non-refundable. The balance of camp fees is refundable until the beginning of the camp season (June 15, 2020).

Your **fees** are due in full before your child begins camp. If you have made alternate arrangements with the Camp Office, please be sure to follow those deadlines.



PHONE NUMBERS/E-MAIL

Camp Director: Stacy Schwartz Frazier

t. (202) 777-3245

e. stacyf@edcjcc.org

Voice mail and email will usually be checked before 8:30 am and after 4:00 pm.

Camp Program Manager: Greg Feitel

t. (202) 777-3270

e. gregf@edcjcc.org

COO: Bini Silver

t. (202) 777-3278

e. bsilver@edcjcc.org

If there is an emergency and you need to get a message to your child or the camp staff during the camp day, call the receptionist at the front desk: (202) 777-9800. The receptionist will either page us or relay the message to the proper person. Otherwise, please leave a message on the Camp Office voicemail: (202) 777-3245.

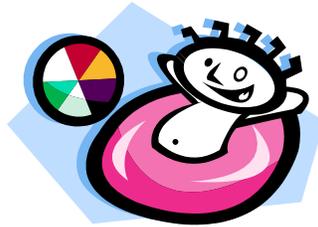


REQUIRED FORMS

We must have the following forms on file before your child can attend camp:

- Health History and Profile form
- Emergency Information and Pick Up Authorization
- Authorization to Medicate (if necessary)
- Sunscreen Permission form
- **Camp Fees Paid in full, unless a payment plan has been established with the Camp Office**

The information on these forms is shared only with our staff and only on an as-needed basis.



SWIMMING

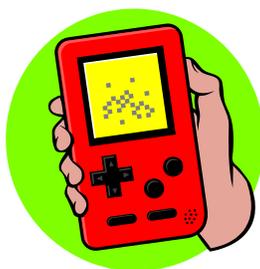
The J has an indoor pool located on the lower level. The swim lessons are taught by three experienced instructors and are supervised by a certified lifeguard. Your child's counselors are also part of the swim class, helping the campers or acting as additional lookouts.

Swim lessons will be offered at least 2 times a week with additional time for free swim. All campers will be placed into swim groups according to their skill level at the beginning of camp.

We encourage every camper to swim. If a camper decides not to swim on a particular occasion, we will discuss with the camper his/her reasons for not wanting to swim. If a regular non-swim pattern is demonstrated, we will call parents to discuss the matter. If your child has had a negative water experience in the past, please inform us. If you do not want us to urge his/her participation, let us know.

Parents should put a plastic bag in their child's camp bag for wet swimsuits.

Anyone entering the pool must take a shower first.



TOYS and VALUABLES

Campers may not bring cash, toys, electronics, trading cards, money or expensive items to camp. We would feel awful if these were to get lost or broken. We are not responsible for toys, games and valuables lost or damaged at camp.

Aggressive toys such as pretend guns, knives or swords are never permitted at camp.

If the staff request a specific item for an activity, a note will be sent home and the equipment will be kept in a safe place until it is needed.

VISITORS

Parents and grandparents are welcome to drop by the camp. Having a parent drop in unannounced can be disruptive to your child's routine, so having advance notice will help us prepare your child.

For safety and licensing reasons, camp-age visitors are not allowed to attend camp.



WEATHER

We always hope for nice weather, but this is summertime in Washington. We know better and are prepared for it. Our counselors have rainy day plans as well as "too hot" day plans.

In case of severe weather, we may need to cancel camp for all or part of a day. If the Federal Government closes due to severe weather, then the EDCJCC will close as well. We will make an announcement on the Camp Office voicemail, the J's main line and on **WTOP radio**, if possible. If you are not sure, please call the Camp Office: (202) 777-3245 after 6:00 am.

If there is a severe weather warning or advisory, the camp will follow the J's emergency procedures. If you have questions about these, please contact Eli Elfassi, the J's Director of Security, at 202.777.3201 or elie@edcjcc.org.

We will go outside as much as possible, so please dress your child appropriately. If there is a heat advisory, we will keep the kids inside for most or all of the day. The J has an indoor pool and many other areas to be able to continue the fun, no matter the weather.

We are so excited to have your camper with us this summer and are looking forward to creating lasting memories. Summertime is Our Time! Join us for a summer you won't want to miss!



EDCJCC Summer Camp Checklist

Everyday Items:

- ◇ Backpack or bag that closes securely
- ◇ Swimsuit
- ◇ Towel
- ◇ Full water bottle
- ◇ Hat
- ◇ Plastic bag for wet items
- ◇ Sunscreen
- ◇ Insect repellent
- ◇ Vegetarian or dairy lunch (Monday–Thursday)
- ◇ At least one drink to go with lunch (no glass bottles)
- ◇ Comfortable play clothes
- ◇ Closed-toed, rubber-soled shoes
- ◇ A change of clothes for young children

Optional Items:

- ◇ Poncho or rain jacket
- ◇ Pool shoes and/or goggles
- ◇ Sunglasses (unbreakable)
- ◇ Frozen water bottle (fill halfway with water, freeze, then add water in the morning before the child leaves for camp.)

Please do not bring:

- ◇ Glass containers or bottles
- ◇ Toys, cash, trading cards or valuable items
- ◇ Pocket knives
- ◇ Open-toed shoes or sandals
- ◇ Peanuts or peanut products
- ◇ Meat
- ◇ Electronics